

# 3 Churches News

www.3churches.org

**Christ the King**  
Newborough Avenue  
Llanishen Cardiff

**St Brigid's**  
Crystal Glen  
Cardiff

**St Paul's**  
Cyncoed Road  
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**Sunday August 17 & 24 2014 20/21 Sunday in Ordinary Time (YEAR A) Issue 31/14**

## SAYING SORRY

A few people have asked me about the various Acts of Contrition for Reconciliation or Confession. As a child I remember learning the "Long" and the "Short". In Ireland I think the "I am heartily sorry" one was popular. In recent decades the "Veritas" one became common in schools and has spread to adults too. The actual words are not so important, and nowadays many use their own words to express the essentials – that we are truly sorry, particularly for having offended God, and that with God's help we will try better. Here are these four common Acts of Contrition.

**LONG** O my God, I am sorry and beg pardon for all my sins. I detest them above all things, because they deserve Your dreadful punishment, because they have crucified my loving Saviour, Jesus Christ, and most of all, because they offend Your infinite goodness; and I firmly resolve, by the help of Your grace, never to offend You again, and carefully to avoid the occasions of sin.

**SHORT** O my God, because You are so good, I am very sorry that I have sinned against You; and, by the help of Your grace, I will not sin again. Amen

**IRISH** O my God, I am heartily sorry for having offended You. I detest my sins above every other evil because they displease You who, for Your infinite goodness, are so deserving of all my love. I firmly resolve by your holy grace never more to offend You and to amend my life. Amen

**VERITAS** O my God, I am sorry for all my sins, for not loving others, and not loving you. Help me to live like Jesus and not sin again. Amen.

Fr Matthew



~~~~ 20<sup>th</sup> Sunday in Ordinary Time (Sunday 17 August 2014) ~~~~



Response to Psalm **Let the peoples praise you, O God; let all the peoples praise you.**  
Gospel Acclamation: **Alleluia, alleluia! The sheep that belong to me listen to my voice, says the Lord, I know them and they follow me. Alleluia!**

**1<sup>st</sup> Reading:** Isaiah 55: 1. 6-7 **2<sup>nd</sup> Reading:** Letter St Paul to Romans 11: 13-15. 29-32 **Gospel:** Matthew 15: 21-28

~~~~ 21<sup>st</sup> Sunday in Ordinary Time (Sunday 24 August 2014) ~~~~



Response to Psalm **Your love, O Lord is eternal, discard not the work of your hands.**  
Gospel Acclamation: **Alleluia, alleluia! You are Peter and on this rock I will build my Church. And the gates of the underworld can never hold out against it. Alleluia!**



**1<sup>st</sup> Reading:** Isaiah 22: 19-23 **2<sup>nd</sup> Reading:** St Paul to Romans 11: 33-36 **Gospel:** Matthew 16: 13-20

St. Brigid's and Christ the King are parishes of the Archdiocese of Cardiff. A Registered Charity No. 242380.

**Parishes of Christ the King, Sts Brigid and Paul Page 1**

## 3 Churches

### Father's News

#### SUMMER NEWSLETTER & TIMETABLE

Please note that this newsletter covers two weeks. The number of weekday Masses will be reduced over the next weeks. Please consult the back page for details.

#### PRAYER FOR PRIESTS

On Wednesday, 27 August there will be a **Holy Hour** at 6pm in St. David's Cathedral for the sanctification of priests, and vocations to the priesthood and religious Life. More information on the diocesan Vocations' page on Facebook - [www.facebook.com/CardiffVocations](http://www.facebook.com/CardiffVocations)

#### FR AMBROSE WALSH NEW BOOK

Fr Ambrose, former parish priest of Christ the King, has published a third book entitled "At Prayer With the Church". Fr Ambrose explains "The book is 400 odd pages of 10 chapters plus intro and appendix. Each of six chapters is about the different liturgical seasons and the feasts celebrated in them". Details are available on the publishers' website [www.goodnewsbooks.net/catalog/product/1637-at-prayer-with-the-church.html](http://www.goodnewsbooks.net/catalog/product/1637-at-prayer-with-the-church.html) The web page offers the opportunity of making a comment, and Fr Ambrose assures us that he and the publishers would be interested to receive our comments.

#### CANON MULVEY R.I.P.

Canon Frank Mulvey, parish priest of Blessed Sacrament in Rumney died recently in Ireland. He was a priest loved by many well beyond his own parish, and so we hope that there will be a diocesan Mass for him.

### RELIGIOUS EDUCATION

#### Catholic Certificate in Religious Studies (CCRS)

An invitation to any interested parishioners to join us at the Pastoral Resources Centre on Wednesday evenings, from 10<sup>th</sup> September 2014, for an opportunity to deepen their knowledge and understanding of some key aspects of the Catholic faith. During the next academic year, modules in Old Testament, New Testament, Christology, Catholic Education and Religious Education will be delivered. Participants are welcome to attend a single module, or follow the complete course and submit assignments for the award of a CCRS certificate. For further details, contact Frances Bibey at the Pastoral Resources Centre / [ccrs@rcadc.org](mailto:ccrs@rcadc.org) / Tel 2036 2599

#### Time to Chat

On Saturday 6 September the 3 Churches Bereavement Support Group is holding a drop-in session at St Brigid's Church Hall from 10.15am. We hope to hold further sessions on the first Saturday of each month. We are not a counselling group but we offer a listening ear to those who have been bereaved - whether recently or some time ago. If you or anyone you know (they don't need to be a member of the 3 churches) would like to come along for a tea/coffee and a chat you will be welcome. For further information please contact Fr Matthew or any member of the Bereavement Support Group or email us at [beareavement.support@3churches.org](mailto:beareavement.support@3churches.org)

**For your diary: The 3 Churches Justice & Peace group will be holding a Macmillan Coffee Morning on Tuesday 30 September in the Parish Centre.**

#### Open Door Club

The next open door is on Thursday 21 August, 2-4pm at Christ the King Parish Centre. All are welcome.

#### Adoration for the Unborn

9 hours of Eucharistic Adoration, Praying for the Unborn and their families  
St David's Cathedral, Charles Street  
9am – 6pm  
(Mass at 12.45pm)  
Thursday 21 August  
All Welcome.

#### The Personal Ordinariate of Our Lady of Walsingham 'Called To Be One'

A Day of Prayer with an invitation to all to explore and find out More about the life and mission of the Ordinariate in the Catholic Church.  
Saturday 6 September  
2pm Sung Mass: Ordinariate Rite (Celebrant: Fr Bernard Sixtus, Pastor Wales SE Group)  
Followed by refreshments and a discussion and presentation on the exciting results of the Apostolic Constitution Anglicanorum Coetibus..calling Anglicans into Full Communion with the See of Peter.  
St Joseph's Catholic Church, New Zealand Road, Cardiff.

## Christ the King

Altar Linen  
August: L Davies

#### Mass Changes

Please note that there will be changes to the weekday Masses during the coming weeks. There will be no morning Mass on Mondays or Fridays. Please read your newsletter carefully.

## Christ the King

### **Social @ CHRIST the KING Malvern RHS Show**

We have been requested by a parishioner to consider running a trip to the Malvern RHS Autumn Show at Malvern Showground. If we proceed we will go on Saturday 27 September. The cost is likely to be around £25 including coach and entrance ticket- Children 12 and under about £15 (all of the prices will be confirmed prior to firm bookings) Before we can make a firm coach booking (and the financial commitment) we need a definite indication of numbers by Sunday 7 September and a deposit of £10 per person very shortly afterwards. So if this is something which digs your garden then please add your names (and those of friends/neighbours) to the list at the back of church as soon as possible. Queries to: Desmond Woods (2076 3095) [desmondwoods@talktalk.net](mailto:desmondwoods@talktalk.net)  
Cash to: Peter Charles (2065 1046)  
[peter.charles7@ntlworld.com](mailto:peter.charles7@ntlworld.com)

### Rainbow of Hope

CTK Rainbow of Hope (Paradise Run) Team who take food & drinks to homeless people in Cardiff one Sunday each month are appealing for ONGOING donations of:

Toiletries, especially for men, of summer clothes for men (small to medium mainly), and of men and women's trainers. Bedding and sleeping-bags are always useful too. Please leave in the porch at CTK marked For Rainbow of Hope.

**Sandwich making for the homeless takes place on Monday 18 August at 1.15pm.**

### Children's Liturgy 30 years

Please could anyone wanting to join the celebration lunch for the 30<sup>th</sup> anniversary of Children's Liturgy sign the list at the back of the church so caterers know how many to cater for.

## St Brigid's & St Pauls

### **THE APOSTLESHIP OF THE SEA**

A big thank you to everyone who contributed so generously to the recent appeal. The amount raised was a wonderful £470.65p.

**St Brigid's and St Paul's Liturgy Group will next meet on Wednesday 3 September at 7.30pm in St Brigid's hall.**

**Everyone is welcome, but if you are unable to attend and there is a matter you would like discussed, please telephone 2062 6829.**

### JUBILEE LUNCH

On Sunday September 21<sup>st</sup>, 50<sup>th</sup> anniversary of the first Mass in the present St Brigid's Church, there will be a **Jubilee Lunch** at the New House Hotel. Tickets for this event on sale at £20 adults £10 children under 11. There will be a choice of two starters, mains & desserts plus vegetarian option on the day.

### Sunday August 17<sup>th</sup> 20<sup>th</sup> Sunday in Ordinary Time

|        |                     |   |                       |
|--------|---------------------|---|-----------------------|
|        | 6pm St Paul's       | <b>Gerald Lynch</b>   |                       |
|        | 6.30pm C the K      | <b>Peter Murphy (O'Brien)</b>   |                       |
| Sun.   | 8.30am C the K      | <b>Intentions of J &amp; J Nastali (B Theeswaran)</b>                                 |                       |
|        |                     | 20 <sup>th</sup> Sunday in Ordinary Time  |                       |
|        | 9am St Paul's       | <b>People of the Parish</b>   |                       |
|        | 10.30am St Brigid's | <b>People of the Parish Peace in the World</b>  |                       |
|        | 10.30am C the K     | <b>Intention of Justin Chua (M Wang)</b>  |                       |
|        | 6pm St Brigid's     | <b>Available</b>  |                       |
|        | 7.30pm St Brigid's  | <b>Sunday Praise</b>  |                       |
| Mon.   | 9.30am St Brigid's  | <b>Len Perry</b>  |                       |
| Tues.  | 9.30am C the K      | <b>Mary Nash Birthday Intention (C Bailey)</b>  | St John Eudes         |
| Wed.   | 9.30am St Paul's    | <b>Vocations to Religious Life</b>  | St Bernard            |
|        | 7.30pm C the K      | <b>Cate Roberts (D &amp; M Bryon)</b>   |                       |
| Thurs. | 9.30am C the K      | <b>All souls in Purgatory especially deceased members of FOSS (M &amp; T Pinnell)</b> | St Pius X             |
|        | 7.30pm St Brigid's  | <b>Private Int (Powell)</b>   |                       |
| Fri.   | 9.30am St Brigid's  | <b>Shelagh Powell (Brian)</b>   | Queenship of Our Lady |

**Sunday August 24<sup>th</sup> 21<sup>st</sup> Sunday in Ordinary Time**

|               |             |   |                            |
|---------------|-------------|---|----------------------------|
| Sat. 9.30am   | St Brigid's | <b>Len Perry</b>  | St Rose of Lima            |
| 6pm           | St Paul's   | <b>Holy Souls (Whittle)</b>                                       |                            |
| 6.30pm        | C the K     | <b>Maureen Brown (B Brown)</b>                                    |                            |
| Sun. 8.30am   | C the K     | <b>Bernadette Beresford 70<sup>th</sup> Birthday (P Robinson)</b> |                            |
|               |             | 21 <sup>st</sup> Sunday in Ordinary Time                          |                            |
| 9am           | St Paul's   | <b>People of the Parish</b>                                       |                            |
| 10.30am       | St Brigid's | <b>Holy Father's Ints</b>   |                            |
| 10.30am       | C the K     | <b>All Parishioners</b>   |                            |
| 6pm           | St Brigid's | <b>Available</b>  |                            |
| 7.30pm        | St Brigid's | <b>Sunday Praise</b>  |                            |
| Mon. 9.30am   | St Brigid's | <b>Len Perry</b>  | St Louis                   |
| Tues. 9.30am  | C the K     | <b>Intention of A &amp; B Tucker (B Theeswaran)</b>               | St David Lewis             |
| Wed. 9.30am   | St Paul's   | <b>Parents of all Parishioners</b>                                | St Monica                  |
| 7.30pm        | C the K     | <b>Maureen Brown (B Brown)</b>                                    |                            |
| Thurs. 9.30am | C the K     | <b>Private Intention (B Theeswaran)</b>                           | St Augustine               |
| 7.30pm        | St Brigid's | <b>Available</b>  |                            |
| Fri. 9.30am   | St Paul's   | <b>Shelagh Powell (Whittle)</b>                                   | Passion of St John Baptist |
| Sat. 9.30am   | St Brigid's | <b>Madeleine &amp; Hugh McManus (Williams)</b>                    |                            |

**Sunday August 31<sup>st</sup> 22<sup>nd</sup> Sunday in Ordinary Time**

|             |             |   |  |
|-------------|-------------|---|--|
| 6pm         | St Paul's   | <b>Gerald Lynch</b>                         |  |
| 6.30pm      | C the K     | <b>Pat Worthington (Catenian Ladies)</b>    |  |
| Sun. 8.30am | C the K     | <b>Betty &amp; Bernard Murphy (Friends)</b> |  |
|             |             | 22 <sup>nd</sup> Sunday in Ordinary Time    |  |
| 9am         | St Paul's   | <b>Schoolchildren of the Parish</b>         |  |
| 10.30am     | St Brigid's | <b>People of the Parish</b>                 |  |
| 10.30am     | C the K     | <b>Private Intention</b>                    |  |
| 6pm         | St Brigid's | <b>Available</b>                            |  |
| 7.30pm      | St Brigid's | <b>Sunday Praise</b>                        |  |

**3 Churches  
Parish Council Chairs**

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**Christ the King  
Primary School**  
Headteacher  
Patrick Affley  
2075 4787

**Corpus Christi  
High School**  
Acting Headteacher  
David Cushion  
2076 1893

**St David's College**  
Principal  
Mark Leighfield  
2049 8555

**Safeguarding  
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Sts Brigid & Paul**  
Angela Ciriello  
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**Christ the King**  
Heulwen Egerton  
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**Eucharistic Adoration**

**Christ the King**  
Tuesday 10am-1pm  
**St. Paul's**  
Wednesday 10am-3pm  
**St. Brigid's**  
Thursday 8-9pm

**Sacrament of  
Reconciliation**

**St Brigid's**  
Saturday 10-10.30  
**St Paul's**  
Saturday 5.30pm.  
**Christ the King**  
Saturday 5.45-6.15pm

**Last Week's Collection**

**Sts. Brigid & Paul**  
**Gift Aid** £ 690.01  
**Non Gift Aid** £ 421.13  
**Total** £ 1111.14  
**S/O month av.** £ 807.50

**Christ the King**  
**Gift Aid** £ 594.20  
**Non Gift Aid** £ 313.47  
**S/O weekly av.** £ 403.21  
**Total** £ 1310.88

**Please send items to [luke.todd@yahoo.co.uk](mailto:luke.todd@yahoo.co.uk) by Wednesday afternoon at the latest!**

**PRAYERS**

*Please remember the following in your prayers, who are unwell at this time:*

Keith Allen, Mary Amugan, Maureen Carroll, Sian Clark, Mary Clarke, Win Collins, Terry Culbertson,  
Agnes Davies, Jennifer Ellis, Emily, Anna Forrest, Jane Goldsworthy, Maria Hill,  
Caitriona Lovell, Joseph (Benny) Lynch, Dean Maguire, Dolores Meehan,  
Vernon Morgan, Niamh Murphy, Maureen O'Driscoll, Kieran Ollin, Alan Paines, Rona Perry,  
Valentino Rascon, Cath Rees, Claire Richards, Pat Roberts, Peter Scott,  
Dewi Thomas, Emma Warlow, Dorothy Warren & Pat Watkins.