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Sunday March 6<sup>th</sup> 2016 Fourth Sunday of Lent (YEAR C) Issue 10/16

# **PRAYING AND GROWING**

Have you had your usual meals during the last 24 hours? I bet you have... but have you had nourishment for your spirit and your mind too? Most of us would not think about missing our meals – or perhaps our favourite TV programme. If it's important we make sure we do it, don't we?. So how important is it to grow in spirit too?

Looking beyond our own personal prayer life, there are in fact a lot of opportunities to grow in faith through discussion and/or prayer or sharing in our 3 Churches. But not everyone is aware of them, and so it was thought a good idea to bring together info on them into one place.

This week then, as a follow-up to last week's 3 Churches Information folder, you will be given another sheet listing most of those opportunities. It's not exhaustive, not mentioning, for example seasonal things like Stations or the Lenten Discussion Groups. But it does give a good overall picture of what is available, and perhaps you have ideas for new initiatives? Let us know!

Fr Matthew

**REFLECTION** after Communion this weekend. Use it at home too...

God our loving Father, rich in mercy, slow to anger and abounding in steadfast love, speak deeply to me today of your unconditional love and forgiveness. Help me to come to my senses; repent of my wrongdoings; turn back to you and accept your complete forgiveness. Give me a readiness to reflect your love and compassion in my everyday life; to be prepared to show mercy and forgiveness to others and so become more like you.

Amen



~~~~ Fourth Sunday of Lent ~~~~

Response to Psalm Taste and see that the Lord is good. Gospel Acclamation: Praise and honour to you, Lord Jesus! I will leave this place and go to my father and say: 'Father, I have sinned against heaven and against you.' Praise and honour to you, Lord Jesus!

1st Reading: Joshua 5: 9-12 2nd Reading: Corinthians 5: 17-21 Gospel: Luke 15: 1-3. 11-32

St. Brigid's and Christ the King are parishes of the Archdiocese of Cardiff. A Registered Charity No. 242380. Parishes of Christ the King, Sts Brigid and Paul Page 1

# **3 Churches**

#### **Father's News**

#### LENT REMINDERS \* Stations of the Cross each

Friday at St Paul's and Saturday at St Brigid's 9.00am before Mass. Sunday afternoons at Christ the King.

\* Deanery Lenten Station Mass at the Cathedral this Monday 7th March at 7.00pm. Come and join the priests and people of the city in our cathedral church.

\* There will be opportunity for Confessions at out "Northern Arc" evening on the Monday of Holy Week, 21<sup>st</sup> March, from 6.30 to 7.30pm.

\* The Passover Meal returns to St Brigid's on 22<sup>nd</sup> March, Tuesday of Holy Week.

Chrism Mass, Mass of the Lord's Supper Maundy Thursday 24th March Christ the King at 8.00pm followed by Watching until midnight.

\* Commemoration of the **Passion** St Paul's and Christ the King Good Friday 3.00pm.

\* Easter Vigil, First Mass of Easter to include Baptism and Receptions St Brigid's Holy Saturday 8.30pm.

## LITURGY GROUP

Owing to the Deanery Station Mass, our 3 Churches Liturgy Group will now meet on Wednesday 9th instead of Monday, at St Brigid's Hall meeting room. All are welcome to attend.

Praying for our Neighbours Please remember in your prayers I this week our neighbours in Mayflower Avenue (part of), I Cyncoed Road (part of) & Heathwood Road (part of) 

who have received prayer cards in the last few days.

Food Bank Collection

We collected 87kgs in February. In total since we started we have collected 270kgs. Thanks to all who have contributed. Please keep your contributions coming - there are collection boxes in all of the Churches. Latest feedback from the Food Bank is that they need sugar + fruit juice + rice pudding + sponge pudding. Other items are always welcome but they are short of these for the time being.

## UCM

Members of the UCM want to thank everyone who supported their recent 'Welsh Lunch'. Thanks to the support that we had, we raised a wonderful £466.30. This included a very generous donation of £50 from the Tuesday morning coffee group. The money will go towards our charity for 2016 which is Holme Towers. Once again, many thanks.

#### Mary and Martha

If you would like to read and share your insights into the passage from St Luke on 'Mary and Martha' (Luke 10:38-42), please come along on Friday 11 March at 6.30pm at Christ the King. For further information, please contact Esther Mahoney (2076 3051).

#### **Cardiff Metropolitan** Cathedral Choir & Strings **Easter Concert**

Fauré Cantigue de Jean Racine, Bach Cantata BWV 4 Christ Lag in Todesbanden, Mozart Pastoral Mass K140 Tuesday 15 March ~ 1pm St David's Hall, Cardiff Tickets: £5.75 Box Office: 2087 8444

#### CWL

The Catholic Women's League National Charity-of-Year is collecting items for Women's Refuges.

It is also Cardiff Section's local Charity-of-the Year when we will be holding our usual coffee mornings during the year for this worthy cause.

As Cardiff Women's Refuge has no storage facilities, we have been asked to provide toiletries for them. If any parishioner would like to donate any items, please contact anv C.W.L. member-- details can be found on the C.W.L. notice board at the back of St. Paul's Church.

## **Baptismal Course**

The next two week baptismal course will take place at St. Philip Evans, Llanedeyrn Drive, Cardiff CF23 9UL on Thursdays 10 & 17 March. The course will commence at 7.45pm led by Laurence Bryce, email intern@sphilipevans.co.uk tel. 2073 1061.

#### Celebrate Cardiff

The Celebrate Conference is on the Saturday 30 April & Sunday 1 May at St David's Sixth Form College Accommodation is required for the Speakers, Children's Liturgists and Musicians. If you can help please contact Pat Williams 2061 7374 or patandpaul1@btinternet.com

## Confirmation

Our confirmation programme will start on 13 March, with a session from 6-8.45pm; we ask that the parents come in for a short meeting, lasting around 15 minutes. If you haven't yet handed in a form, please bring it along on the night. Any questions contact Charlotte on 07800 647515 or

charlotte.mathews@hotmail.com

## **3 Churches**

THE NEWTOWN ASSOCIATION St. Patrick's Day celebration will be on Sunday 13 March -10.30am Laying of wreath, rosary & reflection at Tyndall Street Memorial 11.30am Mass at St Peter's 1pm Lunch & Live entertainment in Spiro's. For more information including lunch booking contact Paul (07740 486406), Mary (07736 420117) or Lynne (07531 023259)

#### Llanishen Good Neighbours Spring Fayre

Saturday 23 April 10am-1pm Llanishen Baptist Church Hall Fundraising sale of bric-a-brac, books, puzzles, games, craft items, toys etc. Refreshments available.

Stations of the Cross at Christ the King at 4pm on Sundays 6th, 13th and 20th March. All are welcome.

#### Pilgrimage 2016

The September Pilgrimage 2016 will now be to Walsingham and East Anglia. Any one interested is welcome to a meeting in Christ the King Parish Hall on Tuesday 8 March commencing 7.30pm, when detailed information and itineraries will be available. If you require any further information please ring Billy Gill on 2059 3555

#### PASSOVER MEAL

St Brigid's and St Paul's will hold a Passover Meal on Tuesday 22 March (Tuesday of Holy Week) at 7.30pm in St Brigid's Hall. The evening will begin with a short service at your table with symbolic food, readings and prayers. This will be followed by a 3 course roast lamb dinner (*catering by Spiro*) with wine. Tickets (Adults £18; children under 13 £10) are now available after Mass or please telephone 2076 6318. Please see poster for further details. Good Friday Lenten Lunch (Bread & Soup) St Brigid's Hall Come along any time between 12.30 and 1.30pm Adults £1.50; Children 50p Proceeds to Fr Tim Greenway's missionary work in India

### Fair trade Fortnight events

\* Fairtrade breakfast at Llanishen Baptist Church on Wednesday 9 March 10am-12 noon
\* Fairtrade breakfast at Christ the King Church Hall, Llanishen this morning (6 March) and next Sunday 13 March from 10-11
\* Palestinian farmer visit - Tuesday 8 March 7.30pm at Chapter Arts Centre. Followed by food tasting.
\* Fairtrade Walk in Llanishen on Disabled Access Day 12 March; 10-1 meet at Llanishen COOP. For more information contact Gabriela

Christ the King

#### Mass Time Change

Todd (07803 770962)

Please note that Thursday's Mass is at 9.45am and will be led by year 5 of Christ the King Primary School.

#### CAFOD Lent Fast Day

Thank you so much for supporting CAFOD Lent Fast Day. Our parish raised £1126 (plus approximately £120 in Gift Aid) and this will be matched with government funding. More villages of the world's poorest areas will receive fresh water so desperately needed. Thank you for your compassion.

#### No UCM meeting this week. Attending UCM conference at Prestatyn

#### **Easter Flower Collection**

There will be a collection for Easter Flowers after both Masses on the weekend of the 12 & 13 March. Thank you for your generosity.

#### LINK

We are on a tight schedule and hope to have the next edition of LINK ready for Palm Sunday. If you would like to submit any articles please could we have them by this Sunday (6 March) to:

Mark.cherime@talktalk.net j.v.rendle@talk21.com Many thanks.

# St Brigid's & St Pauls

## A LIGHT FOR PEACE

As in recent years, a **Peace Candle** is moving around each of our 3 Churches areas for three weeks at a time, this week at St Paul's. Please sign up for one or two days.

Tea/Coffee served in the hall after 11.00am mass. All proceeds to the George Thomas Hospice care. Please come and join us.

#### <u>Sacristans, Readers & Eucharistic</u> <u>Ministers</u>

New Rotas for the second quarter are now available at St Paul's. If you are unable to attend on any of the ascribed dates please arrange for someone to cover your absence. New Ministers always welcome.

If the hats and scarves left at the back of the church are not collected by next week these will be donated to a charity shop. Also parents please do not put used nappies in the bin at the back of the church, take them home with you. Thank you!

|                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                   | Sunday March 6 <sup>th</sup> 4 <sup>th</sup> Sunday of Lent     | 0. Ohuwahaa                                                                                                                                                 |  |
|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Sat.                                                                             | 6pm                                                                                                                                                                                                                                                                                                                                                                                | C the K                                                                                                                                                                                                                                                                           | Mary Sheedy & Family & Jacques Munro (Munro Family)             | 3 Churches<br>Parish Council Chairs                                                                                                                         |  |
| Sun.                                                                             |                                                                                                                                                                                                                                                                                                                                                                                    | St Paul's                                                                                                                                                                                                                                                                         | <b>Dec'd Daley Family</b> 4 <sup>th</sup> Sunday of Lent        | Sts Brigid & Paul<br>Nigel Tuck                                                                                                                             |  |
|                                                                                  | 9am                                                                                                                                                                                                                                                                                                                                                                                | C the K                                                                                                                                                                                                                                                                           | Alun Dukes (B Dukes) & Cath Rees (L Barry)                      | 029 2076 6837<br>nigelgtuck                                                                                                                                 |  |
|                                                                                  | 11am                                                                                                                                                                                                                                                                                                                                                                               | St Brigid's                                                                                                                                                                                                                                                                       | People of the Parish                                            | @btinternet.com                                                                                                                                             |  |
|                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                    | St Brigid's                                                                                                                                                                                                                                                                       | Available                                                       | Christ the King<br>Chris Stevens<br>2074 7730                                                                                                               |  |
|                                                                                  | 7.30pm                                                                                                                                                                                                                                                                                                                                                                             | St Brigid's                                                                                                                                                                                                                                                                       | Sunday Praise                                                   | chris.stevens01<br>@btopenworld.com                                                                                                                         |  |
| Mon.                                                                             | 9.30am                                                                                                                                                                                                                                                                                                                                                                             | St Brigid's                                                                                                                                                                                                                                                                       | Charles OzierSts Perpetua & Felicity                            | Christ the King                                                                                                                                             |  |
| Tues.                                                                            | 9.30am                                                                                                                                                                                                                                                                                                                                                                             | C the K                                                                                                                                                                                                                                                                           | Intention of the Adshead Family (C Bailey)<br>St John of God    | Primary School<br>Acting Headteacher<br>Mrs R Woodward                                                                                                      |  |
| Wed.                                                                             | 9.30am                                                                                                                                                                                                                                                                                                                                                                             | St Paul's                                                                                                                                                                                                                                                                         | Ints Patrick Yun (Slowikowska)                                  | 2075 4787                                                                                                                                                   |  |
| Thurs.                                                                           | 9.45am                                                                                                                                                                                                                                                                                                                                                                             | C the K                                                                                                                                                                                                                                                                           | Kath Haddaway (C Bailey) led by Year 5 of CTK Primary<br>School | Corpus Christi<br>High School<br>Acting Headteacher                                                                                                         |  |
|                                                                                  | 7.30pm                                                                                                                                                                                                                                                                                                                                                                             | St Brigid's                                                                                                                                                                                                                                                                       | Len Perry                                                       | Mrs A Thomas<br>2076 1893                                                                                                                                   |  |
| Fri.                                                                             | 9am                                                                                                                                                                                                                                                                                                                                                                                | St Paul's                                                                                                                                                                                                                                                                         | Stations of the Cross St Casimir                                | St David's College                                                                                                                                          |  |
|                                                                                  | 9.30am                                                                                                                                                                                                                                                                                                                                                                             | St Paul's                                                                                                                                                                                                                                                                         | Int Claire Hawes (Slowikowska)                                  | Principal<br>Mark Leighfield                                                                                                                                |  |
| Sat.                                                                             | 9am                                                                                                                                                                                                                                                                                                                                                                                | St Brigid's                                                                                                                                                                                                                                                                       | Stations of the Cross                                           | 2049 8555<br>Safeguarding                                                                                                                                   |  |
|                                                                                  | 9.30am                                                                                                                                                                                                                                                                                                                                                                             | St Brigid's                                                                                                                                                                                                                                                                       | Available                                                       | Representatives                                                                                                                                             |  |
|                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                   | Sunday March 13th 5th Sunday of Lent                            | Sts Brigid & Paul<br>Pat Williams (St B)                                                                                                                    |  |
| Sat.                                                                             | 6pm                                                                                                                                                                                                                                                                                                                                                                                | C the K                                                                                                                                                                                                                                                                           | Parish Intentions                                               | 2061 7374<br>Carl French (St P)                                                                                                                             |  |
| Sun.                                                                             | 9am                                                                                                                                                                                                                                                                                                                                                                                | St Paul's                                                                                                                                                                                                                                                                         | People of the Parish5th Sunday of Lent                          | 2075 4418                                                                                                                                                   |  |
|                                                                                  | 9am                                                                                                                                                                                                                                                                                                                                                                                | C the K                                                                                                                                                                                                                                                                           | John Lavery (A & C McDevitt)                                    | Christ the King<br>Heulwen Egerton                                                                                                                          |  |
|                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                    | St Brigid's                                                                                                                                                                                                                                                                       | Johanna Haines (Nicholls)                                       | 2068 9416<br>heulwen21                                                                                                                                      |  |
|                                                                                  | 6pm                                                                                                                                                                                                                                                                                                                                                                                | St Brigid's                                                                                                                                                                                                                                                                       | Margaret & Bill Free (Evans)                                    | @hotmail.co.uk                                                                                                                                              |  |
|                                                                                  | 7.30pm                                                                                                                                                                                                                                                                                                                                                                             | St Brigid's                                                                                                                                                                                                                                                                       | Sunday Praise                                                   | Eucharistic Adoration<br>Christ the King<br>Tuesday 10am-1pm<br>St. Paul's<br>Wednesday 10am-3pm<br>St. Brigid's<br>Thursday 8-9pm                          |  |
|                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                   |                                                                 | Sacrament of<br>Reconciliation<br>St Brigid's<br>Saturday 10-10.30<br>St Paul's<br>Friday before/after<br>9.30am Mass<br>Christ the King<br>Saturday 5.30pm |  |
| Please send items to luke.todd@yahoo.co.uk by Wednesday afternoon at the latest! |                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                   |                                                                 | Last Week's Collection<br>Sts. Brigid & Paul                                                                                                                |  |
|                                                                                  | Pl<br>ary Amu<br>y Clarke                                                                                                                                                                                                                                                                                                                                                          | Sis. Brigid & Paul           Gift Aid         £         658.57           Non Gift Aid         £         607.73           Total         £         1266.30           S/O month av.         £         846.77           Christ the King         6000000000000000000000000000000000000 |                                                                 |                                                                                                                                                             |  |
| Ka                                                                               | Maria Hill, Caitriona Lovell, Joseph (Benny) Lynch, Dean Maguire, Charles McDevitt,<br>Katrina Meades, Fr Modest, Vernon Morgan, Sarah Morris, Peter Murphy, Maureen O'Driscoll,<br>Kieran Ollin, Alan Paines, Rona Perry, Rita Purcell, Valentino Rascon, John Reardon,<br>Claire Richards, Adela Rogers, Dewi Thomas, Bev Tumelty,<br>Emma Warlow, Dorothy Warren & Pat Watkins. |                                                                                                                                                                                                                                                                                   |                                                                 |                                                                                                                                                             |  |

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