

3 Churches News

www.3churches.org



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Llanishen Cardiff

St Brigid's
Crystal Glen
Cardiff

St Paul's
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Cardiff

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Assisting Fr Gareth Leyshon

Sunday January 29th 2017 Fourth Sunday in Ordinary Time (YEAR A) Issue 04/17

ENRICHING WEEKDAY MASS

When we come to Mass, we encounter Jesus in many ways. The two principle ways we do this are through the Liturgy of the Word, in which we hear God's Word speak to our hearts, and through the Eucharist, the very Body and Blood of Our Lord, who nourishes us, giving us food for our journey of faith.



The priest, during the Eucharistic celebration, acts in the person of Christ. This means that it is Christ we listen to when the Word of God is proclaimed, and Christ himself who feeds and nourishes us in the Holy Eucharist. As well as this, all of us, gather together - our parish community - become a way of encountering Jesus. We are the parish; we are the Body of Christ. During our Sunday liturgies, this community is built up and manifests its oneness through singing; the purpose of the opening hymn is for us to bring our individual selves together, and form one voice, to give praise and glory to God.

During the weekdays, it is not always possible to sing, and so the Church provides antiphons that enable us to do this. These are short verses that are from the Scripture or that are relevant to the feast of the day. There is an antiphon provided for the beginning of Mass, as the ministers enter the sanctuary, and there is an antiphon before we receive Holy Communion.

Deacon Daniel will provide each of our Churches with weekly antiphon sheets, which will set out the various antiphons for the week ahead. Let us lift up our hearts and so give glory to Almighty God.

Deacon Daniel

~~~~ Fourth Sunday in Ordinary Time (Sunday 29 January 2017) ~~~~



Response to Psalm **How happy are the poor in spirit; theirs is the kingdom of heaven.**

Gospel Acclamation: **Alleluia, Alleluia! Blessed are you, Father, Lord of heaven and earth,  
For revealing the mysteries of the kingdom to mere children. Alleluia**

**1<sup>st</sup> Reading:** Zephaniah 2: 3; 3:12-13 **2<sup>nd</sup> Reading:** 1 Corinthians 1: 26-31 **Gospel:** Matthew 5: 1-12

St. Brigid's and Christ the King are parishes of the Archdiocese of Cardiff. A Registered Charity No. 242380.

**Parishes of Christ the King, Sts Brigid and Paul Page 1**

## 3 Churches

### Father's News

#### FEASTS OF LIGHT

We celebrate three feasts of light this week. Wednesday we remember St Brigid, Thursday is Candlemas, the Presentation of the Lord, and Friday is St Blaise, with the usual blessing after Mass.

#### Souvenir Booklet

The archdiocese has produced a souvenir booklet to commemorate its recent centenary. We have a few copies for sale in each church at £5 each. Please call in at the sacristies if you would like a copy.

#### ACTA

ACTA (A Call to Action) is an organisation that brings together clergy, religious and laity to discuss issues of common interest and concern. The next meeting of the Cardiff group is in St David's College, Ty Gwyn Road, on Monday 13 February 7pm. All welcome. Info: Frank Callus (St Peter's parish) [fbcallus@aol.com](mailto:fbcallus@aol.com) or 07956 005459

#### CORPUS CHRISTI SCHOOL 'EXTRA SPECIAL' SPRING BALL 20 May 2017 at Cardiff City Hall.

Corpus Christi High School came into existence in September 1987, almost 30 years ago, and the new building opened in May 1996, just over 20 years ago. An 'Extra Special' Spring Ball has been organised to celebrate these two important anniversaries. The tickets are £50 per person with all profits being donated to the Chris Babu Fund, a cause very close to the hearts of everybody currently associated with Corpus Christi. Please see the letter on the school website for full details. We look forward to catching up!

#### Volunteers wanted for taking food to the Food Bank

New rotas will start in March. One rota is for collecting the combined food left at Christ the King and St Brigid's and the other is for that left at St Paul's. The food is then taken to the Cardiff Food Bank in Splott. Normally volunteers would do this only once every 6 to 8 weeks. The Food Bank is open most weekdays and volunteers can normally find a convenient time to take the food there. If anyone would like to help, please contact Terry Jermyn on 07939 263403 or [terryjermyn@gmail.com](mailto:terryjermyn@gmail.com).

#### 3 Churches Youth

This week we are having a games night. 6.30 – 8pm Sunday in the Christ the King Parish Centre. Anyone in year 7, 8 & 9 is welcome to attend.

#### Taste of Celebrate evening

Sunday 12 February 7.30pm, Christ the King Hall  
A FREE event, ALL welcome. Experience a taster of the Celebrate conference (Catholic charismatic event for all the family which takes place in April) Enjoy music, a guest speaker, coffee, cake and chat. Email [clare.reay@hotmail.com](mailto:clare.reay@hotmail.com) for more info.

Members of 3 Churches Youth are encouraged to come along with their families, please note later start time.

#### UCM News

Dates for your Diary:

\* Saturday 25 February: Welsh Lunch

\* Saturday 15 July: Strawberry Tea

\* Saturday 11 November: Winter Warmer

Further information to follow.

*My sincere thanks for all your prayers, cards and good wishes during my recent sudden admission to hospital. I am home and recovering well. Thank you and God Bless you all*

- Pat Donovan

#### CWL

The next CWL charity coffee morning will take place at St. Paul's after the 09.30 Mass on Friday 3 February. Proceeds will be for Dementia Care, which is also our local Charity-of-the-Year. The proceeds from our January coffee morning for the George Thomas Hospice amounted to £117. Thanks to all who supported this.

#### BIKES NEEDED

Do you have unused bikes around in your garage taking up space. Space4U, which is a registered charity helping asylum seekers and refugees, is in need of adult bikes, particularly men's. If you can help with this need please contact Celia Bailey on 2075 2413.

#### The Gathering' @ The Cathedral Social and Spiritual Interaction for those in their 20's & 30's

'The Gathering' will be a group for those in their 20's and 30's who are seeking a forum for social interaction within the context of our shared faith. The first gathering is scheduled for Sunday 26 February at 6.30pm, following the Sunday evening Mass. We will meet in the main sitting room at Cathedral House for supper and conversation to explore ideas and identify needs.

## 3 Churches

### **Fairtrade Fortnight**

**27 February - 17 March 2017**

Fairtrade Fortnight is a fun-filled highlight of the year, when campaigners, businesses, schools and places of worship show their support for the farmers and workers who grow our food in developing countries. However hard they work to provide the things we depend on, millions of farmers in developing countries aren't paid what they deserve... it's not a new problem. We need to amplify the voices of marginalised producers as much as ever in 2017. Info:

[www.fairtrade.org.uk](http://www.fairtrade.org.uk)

### **Youth 2000: Surrender**

17 - 19 March

A 2 day retreat primarily for 16-35 year olds, including engaging talks, lively music, workshops, discussions, powerful prayer times, and evening entertainment.

Venue: St David's Catholic Sixth Form College, Cardiff.

For more information visit

[www.youth2000.org/surrender](http://www.youth2000.org/surrender)

### **Marriage Encounter**

Enrich your couple relationship!

One weekend could change your life in Swindon, 3 – 5 March 2017 with Marriage Encounter.

However long you have been either married or in a long-term

relationship, this weekend is the best gift you can give to each other.

For more information and to book online go to [www.wwme.org.uk](http://www.wwme.org.uk) or

contact Gregory & Fabienne

Fauvarque 01666 825075,

[famille.fauvarque@gmail.com](mailto:famille.fauvarque@gmail.com)

## Other events

### **LET'S GET REAL ABOUT MENTAL ILLNESS**

WEDNESDAY 8 FEBRUARY 2017  
7.30pm – 9.15pm St Mark's Church,  
Gabalfa, Cardiff CF14 3BL

Speaker: Veryan Richards

This mental health seminar with interviews, is an opportunity to explore a subject relevant to everyone. The seminar will look at some of the challenges and opportunities of: Living with a chronic illness. Engaging with your own mental health and personal experience. Facing the facts about the current mental health landscape What does a mental illness care pathway look like? Engaging the Christian community. Do not over spiritualise mental illness. Where does Christian counselling and seeing a Christian Psychiatrist fit in? Standing in the gap and supporting someone who has a mental illness on their recovery journey. The biblical narrative framework. Veryan Richards speaks from a lay perspective, drawing on her own experience of living with a chronic mental illness. She is currently a member of: Royal College of Psychiatrists Service Users Forum in London; RCPsych in Wales Executive Committee; Individual Partner in the Collaborating Centre for Values-based practice in Health and Social Care, St Catherine's College, Oxford; Welsh Spirituality and Mental Health Special Interest Group

### **Llanishen Baptist Church Youth Drama Group Revelations present Disney's High School Musical on Stage!**

Thursday 16 & Friday 17 February at 7.15pm. Saturday 18 February at 3.15pm only.

Venue: The YMCA Theatre, The Walk, Cardiff

Tickets £7.50 from 2075 3033 or 07551 991100

## Christ the King

### **Mass Change**

Please note that Thursday's Mass will take place at 9.45am and will be led by the children of year 5 of Christ the King Primary School.

### **Poems & a Glass**

This Sunday evening in the Parish Centre at 7pm. Everyone welcome... even if you haven't got a poetry book!!

## St Brigid's & St Pauls

### **GIFT AID**

A number of people took **GiftAid** forms following our recent appeal. If you were one of those, and have not yet returned it, can you please do so as soon as possible?

**REMEMBER** If you pay tax you can add value to your church offering by completing a **GiftAid** form and by placing your offering in an envelope which we provide.

There is no obligation to contribute the same amount each week, but whatever you do give, the church can reclaim a further 25% from the taxman.

Forms are available at the back of each church, to be returned to the parish office (presbytery).

**Sunday January 29<sup>th</sup> Fourth Sunday in Ordinary Time**

|        |        |             |                                                                      |                                      |
|--------|--------|-------------|----------------------------------------------------------------------|--------------------------------------|
|        | 6pm    | C the K     | <b>Peter O `Brien (A &amp; C McDevitt)</b>                           |                                      |
| Sun.   | 9am    | St Paul's   | <b>Andrew Morris (Slowikowska)</b>                                   | Fourth Sunday in Ordinary Time       |
|        | 9am    | C the K     | <b>John Foley (A Rees)</b>                                           |                                      |
|        | 11am   | St Brigid's | <b>Teresa Stamp (Daley)</b>                                          |                                      |
|        | 6pm    | St Brigid's | <b>People of the Parish</b>                                          |                                      |
| Mon.   | 9.30am | St Brigid's | <b>Daw Int</b>                                                       |                                      |
| Tues.  | 9.30am | C the K     | <b>Laura Archard (A &amp; C McDevitt)</b>                            | St John Bosco                        |
| Wed.   | 9.30am | St Paul's   | <b>Andrew Morris</b>                                                 | St Brigid                            |
| Thurs. | 9.45am | C the K     | <b>Brigid Higgins (C Bailey) Led by Year 5 of CTK Primary School</b> | Presentation of the Lord (Candlemas) |
|        | 7.30pm | St Brigid's | <b>Int Sid Daw</b>                                                   |                                      |
| Fri.   | 9.30am | St Paul's   | <b>Janina Stalmaska</b>                                              | St Blaise                            |
| Sat.   | 9.30am | St Brigid's | <b>Teresa Stamp (Norris)</b>                                         |                                      |

**Sunday February 5<sup>th</sup> Fifth Sunday in Ordinary Time**

|      |         |             |                                                    |                               |
|------|---------|-------------|----------------------------------------------------|-------------------------------|
| Sat. | 6pm     | C the K     | <b>Deceased members of Flynn Family (P Webber)</b> |                               |
| Sun. | 9am     | St Paul's   | <b>Andrew Morris (Tunncliffe)</b>                  | Fifth Sunday in Ordinary Time |
|      | 9am     | C the K     | <b>Intention of Family &amp; Friends (F)</b>       |                               |
|      | 11am    | St Brigid's | <b>Tess Stamp (Byard)</b>                          |                               |
|      | 12.30pm | C the K     | <b>Baptism: Greatrex</b>                           |                               |
|      | 6pm     | St Brigid's | <b>People of the Parish</b>                        |                               |

Praying for our Neighbours  
 Please remember in your prayers  
 this week our neighbours in  
**Lonsdale Road**  
**Oakridge**  
**Fidlas Avenue**  
 who have received prayer cards in  
 the last few days.

**3 Churches**  
**Parish Council Chairs**  
**Sts Brigid & Paul**  
 Maria Thompson  
 07989 404730  
 mariathompson1@hotmail.co.uk  
**Christ the King**  
 Chris Stevens  
 2074 7730  
 chris.stevens01@btopenworld.com  
**Christ the King Primary School**  
 Mrs R Woodward  
 2075 4787  
**Corpus Christi High School**  
 Acting Headteacher  
 Mrs A Thomas  
 2076 1893  
**St David's College**  
 Principal  
 Mark Leighfield  
 2049 8555  
**Safeguarding Representatives**  
**Sts Brigid & Paul**  
 Pat Williams (St B)  
 2061 7374  
 Carl French (St P)  
 2075 4418  
**Christ the King**  
 Jim Winterbottom  
 2075 5121  
 jimwin@hotmail.co.uk

**Eucharistic Adoration**  
**Christ the King**  
 Tuesday 10am-1pm  
**St. Paul's**  
 Wednesday 10am-3pm  
**St. Brigid's**  
 Thursday 8-9pm

**Sacrament of Reconciliation**  
**St Brigid's**  
 Saturday 10-10.30  
**St Paul's**  
 Friday before/after  
 9.30am Mass  
**Christ the King**  
 Saturday 5.30pm

**Last Week's Collection**  
**Sts. Brigid & Paul**  
**Gift Aid** £ 650.32  
**Non Gift Aid** £ 521.86  
**Total** £ 1172.18  
**S/O month av.** £ 846.77

**Christ the King**  
**Gift Aid** £ ~~~~~  
**Non Gift Aid** £ ~~~~~  
**S/O weekly av.** £ ~~~~~  
**Total** £ ~~~~~

**Please send items to [luke.todd@yahoo.co.uk](mailto:luke.todd@yahoo.co.uk) by Wednesday afternoon at the latest!**

**PRAYERS**

*Please remember the following in your prayers, who are unwell at this time:*

Mary Amugan, Chris Babu, John Campbell, Maureen Carroll, Sian Clark,  
 Mary Clarke, Terry Culbertson, Agnes Davies, Emily, Anna Forrest, Bobi Gower, Maria Hill,  
 Caitriona Lovell, Joseph (Benny) Lynch, Charles McDevitt,  
 Katrina Meades, Fr Modest, Vernon Morgan, Sarah Morris, Peter Murphy, Maureen O'Driscoll,  
 Kieran Ollin, Rona Perry, Lucia Pratali, Rita Purcell, Valentino Rascon, John Reardon,  
 Claire Richards, Adela Rogers, Shaun Stone, Dewi Thomas,  
 Emma Warlow, Dorothy Warren & Pat Watkins.