3 CHURCHES NEWS

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Sunday May 3rd 2020 4th Sunday of Easter (Year A) Issue 18/20

Corona Virus – Help a Parishioner. If you are well and able to do so, please think about offering help to our older and more vulnerable parishioners who may need help and assistance during this uncertain time.

Dear parishioners and friends of our 3 Churches:

This Sunday is often called Good Shepherd Sunday because the Gospel for each of the three yearly cycles is on a shepherd theme. We also sometimes call it Vocations Sunday for obvious reasons. We are all in a time when the Church is not physically coming together to celebrate the Mass, yet the Church is no less present, because, of course, we *are* that Church, wherever we may be. Some may find we have a little more time on our hands. If so, as we think our thoughts and pray our prayers, perhaps we could reflect on vocation. How am I doing as a member of the flock of Christ. Do I only call on him when I'm stranded or do I try to follow him each and every day, to fresh waters and pastures new? Do I pray for vocations to priestly and religious life. Perhaps some may make that prayer not only for others but for themselves. Young adults – is the Good Shepherd calling *you* to follow him in these particular ways? Ponder, prayer, reflect and most of all, listen.

Fr Matthew

LITURGY AND PRAYER

- **Mass** – Mass is celebrated in private every day for the intentions in the weekly list.
- Please note we hope to start **streaming Mass** in the very near future. Within the Diocese the following parishes will be live streaming: *St Mary's Canton*, *St Helens Barry, St Teilo's Whitchurch and All Saints Parish Newport*. All can be reached via their websites.
  There are a number of international resources for viewing the Mass online:
  ChurchServicesTV – livestream from churches around the world; try Walsingham
  Eternal Word Television Network – broadcasts daily Mass at 12 noon
  Shalom World TV – daily Mass at 9am & 9pm

- **Baptisms and Marriages** – are deferred. **Funerals** take place at the graveside or crematorium. Arrangements may be made for a Memorial Mass later.
- **Confessions** – are on request with distancing requirements observed.

PARISH LIFE

- **Light a Candle** – Parishioners are lighting a candle in their homes every evening at 7pm taking time to think of and pray for all those affected.
- **Newsletter** – If you or someone you know would like to receive this newsletter by email, let editor Luke know at luke.todd@yahoo.co.uk
- **Christ the King Parish Office** - Phone messages will be checked, but preferably send messages or enquiries via email – llanishen@rcadc.org
- Why not visit Fr Matthew's **blog** at thecanonsstall.blogspot.com
- **Finance** - The suspension of services means that, except for those who make their Church Giving through the bank, currently the 3 Churches have no income. Until we are able to resume services, please could you continue to make your weekly contributions either by putting it in the Gift Aid envelope if you use them or alternatively putting it in a safe place.
  In either case please bring your accumulated contributions to church when we are able to resume services.
  If you want bank details to set up a Standing Order please contact Fr Matthew (matthew.jones@rcadc.org) for St Brigid's or St Paul's, or Vicki Adshead (vickie@adshead.me.uk) for Christ the King.

CARE AND SUPPORT

- **Foodbank** – You can no longer leave food at our 3 Churches. It may be left at public collection points such as supermarkets.
- Our **Phone-a-Friend** ministry is still functioning, reaching out to the alone or housebound. Keep up the good work!
- **3 Churches Bereavement Support** – 07594 217098
- **Age Cymru** is offering a free '**Check in and Chat**' **telephone service** for the over 70s in Wales who live alone. It is hoped that the initiative will provide reassurance to older people, answer basic questions and link people to local services and support during the Coronavirus outbreak. If you are over 70 living alone and would like to speak to someone at Age Cymru to share your concerns – or to just have a chat – please telephone 0800 022 3444 or email enquiries@agecymru.org.uk
- **Age Cymru – Tai Chi Videos**: There are now some Tai Chi videos demonstrating moves on the physical activity page of the website – www.ageuk.org.uk/cymru/our-work/physical-activity/tai-chi/. It is a gentle exercise, very easy to follow, can be done seated or standing and is suitable for everyone. Lots of benefits including reducing stress, improved balance and posture and general mobility.
- **Mutual Aid Groups** – Facebook groups have been set up to facilitate information sharing and mutual aid for those self-isolating or who are affected by Covid-19 and need support. Do not put your personal details on the main page.
  Penylan / Cyncoed – www.facebook.com/groups/685229805549686
  Llanishen – www.facebook.com/groups/735447276990164
  Heath – www.facebook.com/groups/251990475816496

R.I.P.
Please pray for the repose of the souls of: -

- **Erasmo Moletti** and **Anthony Greenman** Funerals at Thornhill Crematorium Friday 8 May
- **Paul Davies** Funeral at Thornhill Cemetery Thursday 14 May
- **Carol Anne Jenkins** Funeral at Western Cemetery Wednesday 20 May

Let us remember these and their families in our prayers at this time. Clare and her friends and family in our prayers at this time.

RESOURCES FROM CAFOD

Home Learning Education Resources: some links to resources for secondary and primary home learning; please share with anyone who might find them useful.
Young people home learning: https://cafod.org.uk/Education/Secondary-and-youth-resources
Primary home learning: https://cafod.org.uk/Education/Primary-teaching-resources

Our Theology and Education teams have put together an online **children's liturgy** which families can use at home while people cannot gather together in person. CAFOD is inviting Catholic families to join them online for a virtual children's liturgy at 10am every Sunday morning. After registering, for security, you will receive a confirmation email containing information about joining the webinar. In the Year of the Word, parents, children's liturgy leaders can use these Gospel reflections, prayers, songs and activities to help children listen to the God who speaks.

You can find all the resources on our website here:
www.cafod.org.uk/Education/Children-s-liturgy Register to join here:
https://register.gotowebinar.com/register/2563118141061159180

In **developing countries** with healthcare systems much more fragile than our own the effects of coronavirus are likely to be devastating. In some countries, there are almost no intensive care beds or ventilators. We must never forget that we are one global family, untied in this struggle. Out of love for our brothers and sisters overseas, please sign our petition asking the Prime Minister to ensure that the most vulnerable and marginalised people are the priority in the UK's international efforts as well as at home. Thank you. www.e-activist.com/page/59334/petition/1

Online talks and presentations: Link to recordings of recent talks and presentations from some of our partners: Click the link below to see the menu – www.gotostage.com/channel/66fbdaf62d7f4c6a911bede6389f7d2f

Talks: Catch-up, meet **Maria Gonzalez**, Head of International Development at CAFOD and hear about the greatest challenges facing our world right now, how we are responding and what gives her hope for the future.
https://register.gotowebinar.com/register/1875740854396550923
Catch-up, **Cambodia and Step into the Gap**, an inspirational talk on Cambodia from our GAP volunteers Rebecca, Orla and Hugh. Step into the Gap is a unique opportunity (18 – 30 year olds) to volunteer in the UK, gain experience, develop leadership skills and visit CAFOD partners overseas.
https://register.gotowebinar.com/register/5157170635437819661

Friday 8 May 6.30 – 8pm Join us for the CAFOD **Quiz on VE Day**. In this time of isolation, we want to bring people together for a time of fun, while we also help those around the world who will suffer the effects of Coronavirus without the healthcare and access to water which we are able to rely upon. We are making a suggested minimum donation of £5 per adult, which you can donate through our website – https://register.gotowebinar.com/register/9080462319961879564

Series of special Masses
A series of special Thursday evening streamed Masses for the sick, their families, NHS staff, and those working in social care, at 7pm.
Our front-line workers in hospitals and in care homes all over our lands are giving exceptional service to those who are vulnerable at this time. In order to show a spiritual solidarity with all those who are involved in the ways described above, each week on Thursdays, a Catholic Bishop will celebrate Mass in their Cathedral which will be live-streamed for people to join. This will take place ***every Thursday at 7pm***
7 May Bishop Marcus Stock, St Anne's Cathedral, Leeds (https://www.dioceseofleeds.org.uk/cathedral/)
14 May Bishop Robert Byrne, St Mary's Cathedral, Newcastle (https://www.stmaryscathedral.org.uk)
21 May Bishop Mark Davies, Our Lady Help of Christians and Saint Peter of Alcantara, Shrewsbury (http://www.dioceseofshrewsbury.org/about-us/live-masses)
28 May Bishop Terence Drainey, St Mary's Cathedral, Middlesbrough (http://middlesbroughrccathedral.org)

LASTLY…

Now we know that you are all missing Fr Andy's jokes. So here's something to keep you going …

I've always had an irrational fear of speed bumps.
But don't worry, I'm slowly getting over it!

The intention for the mass to be celebrated on Tuesday 5 May will be for deceased members of the 3 Churches – as there were no deaths in our community in February the intention is a general one.

I wish to thank all who sent me such lovely wishes by cards, emails and texts for my 90th Birthday, too many to respond to individually! It just confirmed to me what a wonderful bunch of people we have in our parish. May God bless you all **~ Norbert Flynn**

Christ the King

A group of parishioners have come together to celebrate with prayers and hymns via Zoom. If anyone would like to join this Sunday 3 May at 9.30am, please contact Kath Liddington on liddingtonk@talktalk.net

Sunday May 3rd 4th Sunday of Easter		
SATURDAY	Murphy Family (S & B O'Brien) Erasmo Moletti	
SUNDAY	McLaughlin Family (O'Brien); People of the Parish	**4th Sunday of Easter**
MONDAY	Paul Davies	
TUESDAY	Deceased of 3 Churches	
WEDNESDAY	Carol Anne Jenkins	
THURSDAY	Prabashee (P Fernando)	
FRIDAY	The Sick of our Parishes	
SATURDAY	Clare Bell (Friends)	
SUNDAY	Norbert Flynn 90th Birthday (Friends)	**5th Sunday of Easter**

<u>Response to the Psalm</u>: The Lord is my shepherd; there is nothing I shall want.

Gospel Acclamation: Alleluia, alleluia! I am the good shepherd, says the Lord; I know my own sheep and my own know me. Alleluia!

1st Reading Acts 2:14.36-41 Second Reading: 1 Peter 2:20-25

Gospel: John 10:1-10

Please remember in your prayers the deceased members of the 3 Churches community whose anniversaries occur in May including: John Smits, Bill Downey, Suso Castro, Maureen Duffy, Alicia Long, Patricia Brown, Angela White, Sean Welch, Ugo Carpanini, Kenvin Harrison, Sara Davies, Maurice Bingham, Michael Mannings and Illtyd Thomas.

<u>Praying for our Neighbours</u>

This is currently suspended.

<u>Cycle of Prayer</u>

We continue to pray for the parishes and communities of our diocese.
This week prayer is for St Peter's, Roath, for Frs Chris Fuse, Agi Alphonse, Michael McCarthy and Jim McKnight (Rtrd), for Deacon Michael Randell and St Peter's Primary School.

<u>PRAYERS</u>

Please remember the following in your prayers, who are unwell at this time:
Mary Amugan, Chris Babu, Edith Baker, Ann Brown, John Campbell, Mary Clarke, Corey-Jay Coles, Terry Culbertson, Agnes Davies, Claire Doherty, Win Drury, Sheila Ferriter, Emily, Jean Hill, Maria Hill, Paul John, Caitriona Lovell, Michael Matthews, Dominic Morgan, Sarah Morris, Brendan Murphy, Peter Murphy, Audrey Nelson, Kieran Ollin, Rona Perry, Michael Porter, John Reardon, Claire Richards, Anne Roach, Adela Rogers, Shaun Stone, Genoveve Urtiaga, Anne Wake, Gemma Ward, Emma Warlow, Dorothy Warren & Pat Watkins.