

3 CHURCHES NEWS

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Sunday May 24th 2020

7th Sunday of Easter

(Year A)

Issue 21/20

Corona Virus – Help a Parishioner. If you are well and able to do so, please think about offering help to our older and more vulnerable parishioners who may need help and assistance during this uncertain time.



Dear parishioners and friends of our 3 Churches:

The streaming of Mass went well last Sunday. Picture was good, sound just a little dodgy in places. Lo and behold, after behind the scenes techie stuff, huge improvement in sound. So fingers crossed all will go well this Sunday for the visit of Archbishop Stack. Please remember to let people know about this new facility.

You can access Mass on YouTube either via www.3churches.org or via YouTube itself channel “**frmhj**”.

Next Sunday is the Feast of Pentecost.

Fr Matthew

Children's Liturgy

For those of you who have young children who would normally attend Children's Liturgy during Mass, **Mission Together**, the Universal Church's Charity for Children, is offering activities, centred around the Sunday gospel, for KS1 children. Mission Together also offers home activities for children to follow during the week. See <https://missiontogether.org.uk/calendar/home-and-parish-resources>

LITURGY AND PRAYER

- **Mass** – Mass is celebrated in private every day for the intentions in the weekly list.
- **Baptisms and Marriages** – are deferred. **Funerals** take place at the graveside or crematorium. Arrangements may be made for a Memorial Mass later.
- **Confessions** – are on request with distancing requirements observed.

PARISH LIFE

- **Light a Candle** – Parishioners are lighting a candle in their homes every evening at 7pm taking time to think of and pray for all those affected.
- **Newsletter** – If you or someone you know would like to receive this newsletter by email, let editor Luke know at luke.todd@yahoo.co.uk
- **Christ the King Parish Office** - Phone messages will be checked, but preferably send messages or enquiries via email – llanishen@rcadc.org
- Why not visit Fr Matthew's **blog** at thecanonsstall.blogspot.com
- **Finance** - The suspension of services means that, except for those who make their Church Giving through the bank, currently the 3 Churches have no income. Until we are able to resume services, please could you continue to make your weekly contributions either by putting it in the Gift Aid envelope if you use them or alternatively putting it in a safe place. In either case please bring your accumulated contributions to church when we are able to resume services. If you want bank details to set up a Standing Order please contact Fr Matthew (matthew.jones@rcadc.org) for St Brigid's or St Paul's, or Vicki Adshead (vickie@adshead.me.uk) for Christ the King.

CARE AND SUPPORT

- **Foodbank** – You can no longer leave food at our 3 Churches. It may be left at public collection points such as supermarkets.
- Our **Phone-a-Friend** ministry is still functioning, reaching out to the alone or housebound. Keep up the good work!
- **3 Churches Bereavement Support** – 07594 217098
- **Age Cymru** is offering a free '**Check in and Chat**' telephone service for the over 70s in Wales who live alone. It is hoped that the initiative will provide reassurance to older people, answer basic questions and link to local services and support during the Coronavirus outbreak. If you are over 70 living alone and would like to speak to someone at Age Cymru to share your concerns – or to just have a chat – please telephone 0800 022 3444 or email enquiries@agecymru.org.uk
- **Age Cymru – Tai Chi Videos**: There are now some Tai Chi videos demonstrating moves on the physical activity page of the website – www.ageuk.org.uk/cymru/our-work/physical-activity/tai-chi. It is a gentle exercise, very easy to follow, can be done seated or standing and is suitable for everyone. Lots of benefits including reducing stress, improved balance and posture and general mobility.
- **Royal Voluntary Service** – are you isolating at home and in need of help? If you are vulnerable or at risk and need help with shopping, medication or other essential supplies, please call 0808 196 3646 (8am – 8pm)
- **Mutual Aid Groups** – Facebook groups have been set up to facilitate information sharing and mutual aid for those self-isolating or who are affected by Covid-19 and need support. Do not put your personal details on the main page.
Penylan / Cyncoed – www.facebook.com/groups/685229805549686
Llanishen – www.facebook.com/groups/735447276990164
Heath – www.facebook.com/groups/251990475816496

Food for thought – can you help?

The Rainbow of Hope charity has organised a safe food collection, packing and delivery process for the needy in Cardiff. There are currently 25 of us helping over 150 people. Sanitiser, gloves and masks are provided in the Centre, in Broadway. You can donate food, pack it and / or deliver it at a time that suits you. Please pass the contact details below to anyone who can help (all ages welcome!) or you feel that could benefit from the support: Elizabeth Perret-Atkins 07584 044 364 info@rainbowofhope.co.uk
Thank you, on behalf of Liz and the crew – Phil Burkhard.

Series of special Masses

A series of special Thursday evening streamed Masses for the sick, their families, NHS staff, and those working in social care, at 7pm.

Our front-line workers in hospitals and in care homes all over our lands are giving exceptional service to those who are vulnerable at this time. In order to show a spiritual solidarity with all those who are involved in the ways described above, each week on Thursdays, a Catholic Bishop will celebrate Mass in their Cathedral which will be live-streamed for people to join. This will take place **every Thursday at 7pm**
28 May Bishop Terence Drainey, at Middlesbrough
(<http://middlesbroughrccathedral.org>)

R.I.P.

Please pray for the repose of the soul of **John Imperato** Funeral at Thornhill Wednesday 27 May. Remember his family and friends in your prayers.

LASTLY...

Now we know that you are all missing Fr Andy's jokes. So here's something to keep you going ...

Why did the man jump up and down after taking his medicine?
He forgot to shake the bottle!

Michael Mathews celebrates his 80th Birthday this Saturday 23 May

Sunday May 24 th 7 th Sunday of Easter		
SUNDAY 10.30am	People of the Parishes Andrew Morris	7th Sunday of Easter
MONDAY	Special Int	St Bede
TUESDAY	3 Churches Community; Bob Donovan	St Philip Neri
WEDNESDAY	Sister Margaret (Daley)	St Augustine of Canterbury
THURSDAY	Evelyn Lloyd	
FRIDAY	Ben Morris; Bernice Rayer	St Pope Paul VI
SATURDAY	Paula Tunnicliffe (Slowikowska) Peter O'Brien (Dartnell)	
SUNDAY 10.30am	3 Churches Community; Susan Day (Burns)	Pentecost

Response to the Psalm: I am sure I shall see the Lord's goodness in the land of the living.

Gospel Acclamation: Alleluia, alleluia! I will not leave you orphans, says the Lord; I will come back to you, and your hearts will be full of joy. Alleluia!

1st Reading Acts 1:12-14 Second Reading: 1 Peter 4:13-16

Gospel: John 17:1-11

Praying for our Neighbours

Even if we cannot deliver prayer cards we will continue to pray during the coming week for our neighbours in...

Crystal Avenue, Greenlawns and Heol Hir.

Cycle of Prayer

We continue to pray for the parishes and communities of our diocese.
This week prayer is for the University Chaplaincy in Cardiff
and Chaplain Fr Sebastian Jones.

PRAYERS

Please remember the following in your prayers, who are unwell at this time:
Mary Amugan, Chris Babu, Edith Baker, Ann Brown, John Campbell, Mary Clarke, Corey-Jay Coles, Terry Culbertson, Agnes Davies, Claire Doherty, Bill Drury, Win Drury, Sheila Ferriter, Emily, Maria Hill, Paul John, Caitriona Lovell, Michael Matthews, Dominic Morgan, Sarah Morris, Brendan Murphy, Peter Murphy, Audrey Nelson, Kieran Ollin, Rona Perry, Michael Porter, John Reardon, Claire Richards, Anne Roach, Adela Rogers, Shaun Stone, Paula Tunnicliffe, Genoveve Urriaga, Anne Wake, Gemma Ward, Emma Warlow, Dorothy Warren & Pat Watkins.