



We need your help in February

It's been wonderful to see some of you at our online meetings as we look ahead to Family Fast Day on Friday 26 February. And it would be wonderful to welcome more of you to one of the remaining dates. It's never too late to sign up! You won't be disappointed. We all feel so much more empowered and inspired by the background information that we learn. Our priority is that you are safe so we are not expecting you to be going to church to facilitate the Lent Appeal collection, as at Harvest we are promoting online donations and participation this Lent. I look forward to seeing you all soon. D.V

Join one of the following remaining meetings:

[Tuesday 9 February at 5.30 pm](#) - Meeting ID: 875 8946 7289

[Friday 11 February](#) - 11.30 am Meeting ID: 837 6987 5237 (clergy invited)

Please get in touch with me for the passcode (for security reasons on 01989 768708)

Please see all the essential info below. I have sent a short email to your parish priest this week, with links to online resources for Family Fast Day.

As a reminder of why we all work tirelessly for justice, do have a look at [our beautiful story of Abdella's journey](#)

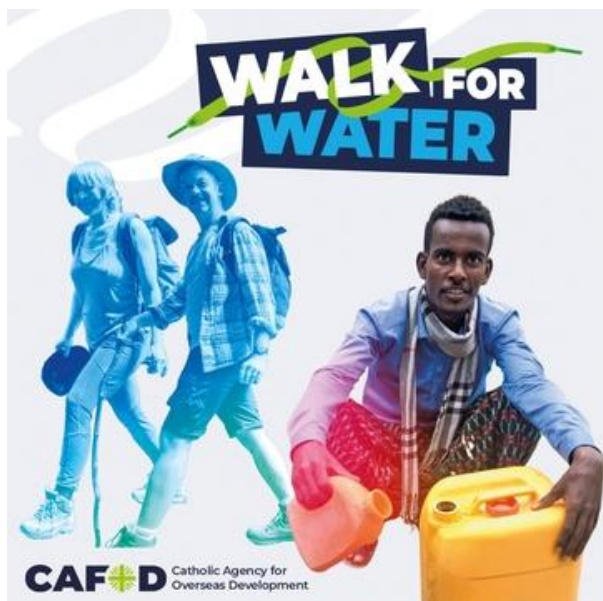
And as we approach Lent, [see our Stations of the Cross reflection](#). It's a chance to meditate on Christ's journey to the cross, following themes of justice, poverty, mercy, friendship and hope.

If you have any questions, need any help, please don't hesitate to get in touch. I am sure we can work most things out together! Take care, stay safe.

With best wishes/Cofin gorau,

Therese (Therese Warwick, CAFOD South Wales - 01989 768708/07823 445112)

Please do all you can from home to let people know about our appeal



Please talk to your parish priest/parish administrator about creative ways to reach as many parishioners as possible. Could you ask that a notice is placed in the parish newsletter, website and facebook page, if your parish has one?

If you are a member of a group, perhaps a prayer group in your parish, or another network, could you spread the word that way? Could you put up the poster outside church for passers-by to notice? If your parish has a livestreamed Mass, could you ask for an announcement or even one of our videos to be included at the end?

Please check out our [Family Fast Day](#) page to see parish resources including social media posts, images, videos and newsletter inserts.

One of the best ways to ask people to support our appeal is by telling them about [Walk for Water](#), where you are sponsored to walk 10,000 steps a day through Lent, in solidarity with people all around the world who have to walk for their own water.

Thank you for everything you are able to do.



Could you join CAFOD's **Board of Trustees**?

We're looking for committed individuals who want to contribute to our mission. Maybe it's you or someone you know?

Closing date for applications is 15 February. [Read more here](#)

Are you a **teacher**? Do you know any teachers?

Join Pope Francis in making 2021 a time "to see, to choose and to act."

Book our CPD to explore and plan how your school community can respond with hope. [Read more here.](#)



STEP into the GAP

is our 11 month **gap year** programme for 18-30s who want to learn more about global injustice. Please share with anyone you know who may be interested.

[Read more here.](#)



As we begin to see some recovery from COVID-19, there are opportunities to create a fairer world and invest in a green transition globally, helping to bring renewable energy to communities living without access to electricity, create green jobs globally as well as cleaner air and a healthier planet.

Pope Francis has called for an urgent switch from fossil fuels and has held meetings at the Vatican with executives from the world's biggest oil and gas companies to encourage businesses to help with the move to renewable energy.

[Sign up here](#) to get extra news from the campaigns team during this critical year as the UK hosts COP26 in Glasgow in November. The decisions that world leaders take over the coming year will be critical. We are at a crossroads, and we have a chance to build a more dignified and sustainable world.

If you haven't already, please do [sign our new petition](#) and share with others if you can. Thank you!

Lastly, CAFOD joins the Climate Coalition's Show the Love campaign every Valentine's Day. Its aim is to prompt dialogue about how the things we love are affected by climate change. #Show your love for our common home by starting a conversation about climate change and how it affects our global neighbours.



And don't forget to share your green hearts to [#ShowTheLove](#) on Valentine's Day!

*Lord of all the earth and of all life,
we seek your blessing on our work to right the wrongs we have inflicted on your creation.
In this year when the G7 and the Climate summit are to be held in the UK
we pledge ourselves to work for their success.
Be at our side on our journey in this crucial year
and guide the hearts and minds of world leaders in their deliberations. Amen.*

Prayer written by volunteer Trevor Stockton

 [Facebook](#)

 [Twitter](#)

 [Blog](#)

The Catholic Agency for Overseas Development (CAFOD) is the official aid agency of the Catholic Church in England and Wales and part of Caritas International. Charity no 1160384 and a company limited by guarantee no 09387398. © CAFOD 2003–2019

**no one
beyond reach**